

Food Technology

Year 8

Please use this Route Through to learn more about what students are learning in lessons, and how they can extend their learning at home. Please contact the Head of Department or Director of Year for more information.

Subject	What are students learning in lessons?	What could students do to extend their learning and develop their character?
Autumn Term 1	Food Safety: key temperatures for storing and cooking food. Eatwell Guide: micronutrients, vegetarian curry.	Be courageous: adapt the curry recipe to cover all the requirements of the Eatwell Guide. Share your rewritten recipe or photo of the meal you make.
Autumn Term 2	Why Food Is Cooked: reduction sauces. Starchy Carbohydrates: pastry dishes from around the world. Shortening: shortcrust pastry used in savoury dishes and investigating ingredients for shortening.	Be curious: research pastry dishes from around the world and create an illustrated poster to compare the ingredients in different dishes.
Spring Term 1	Environmental, Historical and Seasonal Food Choices: Cornish pasties and empanadas, sensory appeal of different pastries.	Be curious: investigate the history of the Cornish pasty and create a timeline showing how it has changed over time.
Spring Term 2	Functions of Pastry in Specific Dishes: wrapping for samosas and casing for quiche.	Be courageous: redesign samosa or quiche fillings to meet the Eatwell Guide and create a recipe card explaining your choices.
Summer Term 1	Food Production: what parts of vegetables do we eat? Food processing: how can ingredients be handled in different ways to create different effects? (Rough puff pastry)	Be curious: research how puff pastry is used around the world to create sweet and savoury dishes. Find a recipe that interests you and cook it. Take a photo.
Summer Term 2	Using rough puff pastry: palmiers. Revision and exam preparation for end of year in class exam.	Be responsible: design a palmier for a specific customer and justify your ingredient choices.

	Assessment	Home Learning
How should I plan my time?	Students think hard and answer lots of questions every lesson. Students practice and get feedback on their work. Exam: Summer 2	Character tasks to continue the joy of learning beyond the classroom.